



Our Independent Mental Health Advocates will:

Respect and listen to you

Support you to get your voice heard

Help you to make informed choices

Attend meetings and talk to services with you

Help you to understand your rights

FREE, CONFIDENTIAL AND INDEPENDENT OF OTHER SERVICES

LOCATIONS IN CEREDIGION, CARMARTHENSHIRE AND PEMBROKESHIRE

CALL: 01437 762935

OR FOR MORE INFORMATION CONTACT: ADMIN @ADVOCACYWESTWALES.ORG.UK OR
VISIT THE WEBSITE: WWW.ADVOCACYWESTWALES.ORG.UK



Advocacy West Wales
A voice when you need it most