

AWW: A Voice when YOU need it most

What is an Advocate?

Someone who supports another person to make sure that their rights are respected and their views and wishes are heard at all times

An advocate will not tell you what to do, but will help you to decide for yourself

We will not repeat things that you tell us to anyone unless you say it is OK – except if you or another young person is at risk

What can an Advocate do?

- Respect you and listen to you
- Help you understand information given to you
- Help you understand your rights
- Help you think through your choices
- Support you in finding information
- Help you have a say in decisions made about you
- Support you at meetings by helping you put your views across
- Help you to make complaints

Contact AWW to speak to an Independent Mental Health Advocate (IMHA)

01437 762935

Or

01267 223197

- admitted to hospital because of your mental health
- subject to an order under the mental health act or your mental health is assessed in hospital
- you are entitled to see an IMHA from AWW
- children and young people have this right as well as adults.
- contact us yourself, or ask staff to contact us for you.

AWW

Advocacy West Wales

36/38 High Street
Haverfordwest
Pembrokeshire
SA61 2DA

01437 762935

Or

01267 223197

**This service is just
for you!**

AWW is an independent
organisation – we don't
work for anyone else.
The support we offer is
just for you!



AWW

Advocacy West Wales

Phone

01437 762935

or

01267 223197

Website:

www.advocacywestwales.org.uk

Reg.Charity No. 1068440



**IMHA
SERVICE
FOR
CHILDREN
&
YOUNG
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