

IMHA OFFICE - AWW

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YOUR ADVOCATE IS:



IMHA SERVICE FROM AWW

As a patient on Community Treatment Order (CTO) or subject to Guardianship Order you are entitled to **FREE, INDEPENDENT** and **CONFIDENTIAL** support from an Independent Mental Health Advocate (IMHA).

YOUR ADVOCATE does **NOT** work for the **HOSPITAL** or **LOCAL AUTHORITY**.

She/he works for a charity called Advocacy West Wales (AWW) that offers the **IMHA** service throughout **CARMARTHENSHIRE**, **PEMBROKESHIRE** and **CEREDIGION**.

IMHAs will:

- Listen to what you want to say.
- Discuss options and agree actions with you.
- Research and gather information.
- Review options with you in light of information received.

The role of the **IMHA** is to help people communicate with an effective voice to enable them to influence decisions that affect their lives.

An IMHA can:

- Explain how the Mental Health Act affects you.
- Provide you with information on rights and help you understand how to use them.
- Help you get information about and understand any treatment you are being offered and/or given.
- Support you to put your views across at care planning and other important meetings.
- Offer support should you need to challenge a decision or make a complaint.